

TDB ACADEMY



HOW TO HAVE A EVEN BETTER SEX LIFE

BE THE
DOGS BOLL**KS
TO WOMEN



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HOW TO HAVE A EVEN BETTER SEX LIFE

**THIS EXCLUSIVELY REPORT IS ONLY INTENDED FOR
MEN THAT WANT A SERIOUS RELATIONSHIP**



Do you want to know the **Secret** to having a successful sex life?

Well you're in the right place....

Sex tends to go downhill when fun, games, laughter and jokes are either not part of sex or slides out of the window. Some may think the answer to the secret of having a successful sex life is Passion. But not every day passion is there for sex, especially if you've been with your partner a very long time. Also you can't create passion where as fun you can create which *then* that can lead to more and more passionate sexy times.

If you are reading this and thinking sex is not great, we are not “connecting”, sex is getting less frequent or has stopped altogether then you are not alone. 70% of men feel just like you do.

So Why Does Sex Go Down Hill?????????



People use the excuse of the “kids” for not having sex at all or often. Couples say things like children take up our time, or make us exhausted as well as working the day job or the children are around so we can't have sex often. But these days couples get together and generally they already have a child from another partner and sex is most commonly known to be the best at early doors at the beginning. So in my opinion and from my experience, **people just don't take the time to have sex** once committed or together for a long period of time.

Early doors in a relationship if you have children you would arrange that child minder or set time for that romantic night session.

Sex Should Be Spontaneous.... BUT

There is so many distracting in this modern times so **You Have To Make Time**. You don't have to say "9pm we will have sex ok love?" Say "We need time for us"

SPEAKING OF TIME... Another TOP reason why sex starts to slide is in general if anything is boring then people won't make time for it. Overtime sex can become boring if you do not have the tools, skills and know how, how to keep that passion within sex which will then make the both of you naturally want to have sex always.

But She Is Just Not Interested In Sex!!!

Nope, she is not interested in shagging. Making love, passion, fun, connection she will defo be interested in. So step up your game!

5 FUN Things You Can Do To Increase Sex!



1. Erogenous Zone Massages:

Generally couples do massages to kind of ease aches & pains but why not try jazzing it up a bit. Massage your partner whilst licking her erogenous zone.

Erogenous zones heightens sensitivity, which, when stimulated, can create a sexual response.

The fun part is finding them as men and women have them in different areas of the body plus many people don't know where they are or how they feel when triggered which is sexual to watch & hear their reaction. A few erogenous locations are the back of the neck, back of the knees, toes, fingers and obviously those *vital sexual parts*.

2. Sex Toys:

Most people only think about dildos when they think of sexual toys but do you think sex shops are only filled with dildo`s? Not only do toys sexually

stimulate, but everyone knows it`s fun having new toys right?

3. **Domination & Submission.** Yes try it!

Why do you think Fifty Shades of Grey was so popular?

4. **Erotic Reading:**

Reading a good sex book (not a porn magazine) not only gets those juices flowing but no one really finishes a book in one night so guaranteed sexy times will continue if you catch my drift. ;)

5. **Food:**

Now some people may not enjoy sticky chocolate or honey dripped over their body but.... placing an ice cube on each other`s sexual parts, dipping your fingers in some soft ice cream and then letting your partner lick it off your fingers or toes, or even placing a flavoured condom on your penis is “not so messy” fun.

(Romance The Pants Outta Her)

Another reason why sex starts to slip is because guys stop being romantic. Men need to understand that women need to feel loved! The best way to do that is by showing her you love her with affection, gifts, romance. A man`s number 1 way of preferring to receive love is from sexual

intercourse. If your partner stops having sex with you then you will feel rejected. Same way if you stopped being romantic towards your partner then she will feel rejected.

Romancing your partner then gets her **“in the mood” for love making**. If there is no romance then you are cutting your nose off to spite your face as lots of romance generally leads to lots of intercourse.

Men miss this point **BIG TIME** as I often hear.... “ I tell her I love her daily” or “ She knows I love her”

If your partner constantly said “I want to have sex with you tonight but rarely did, would you be happy with her just “saying” it or by you just “knowing” that she does want sex with you? **Actions speak louder than words!**

BIG TIP ABOUT ROMANCE...

A lot of men start romancing their partner then sex starts increasing so then stop romance. OR.....

A lot of men buy their partner a bunch of flowers or chocolates then automatically expect sex.

BOTH of the above are not only relationship killers but us women have bullshit radars built within us and can tell you only want sex. So if you are going to step up the romance, then do that because you want to show love for your partner **THEN** she will naturally want to make love with you.

How Many Times Should We Have Sex?

I would say 1-3 times weekly.

Fantastic sex is vital to having a fantastic relationship. The more you have sex the greater you bond with your partner. But there is no point just “shagging” . You need to “show up” . This is another reason why sex becomes infrequent as women need to “feel” sex, where as men just “need” sex. Combining FUN into sex kinda pleases the both of you.

You have to slowly increase sexual intercourse by working out what is best for you, as everybody is different. So for example if sex is occurring once a month then start every 2 weeks, then build up to weekly.

Hopefully you’ve enjoyed reading this pdf ;) If you want more **FREE** information about sex & relationships then please visit my website;

thedogsbitsacademy.co.uk

Sophia. X